

CBC BEHAVIORAL TIMES



ANNOUNCEMENTS AND REMINDERS!



Timesheets are due Saturday, November 1st by 10:00 AM.

Wishing everyone a happy and peaceful Thanksgiving! 🍂

Please note that the CBC office will be closed on November 11th for Veteran's Day, as well as November 27th and 28th for Thanksgiving. Sessions may still be held on these days, but be sure to confirm with families beforehand – if a parent cancels at the door, the session cannot be paid.

THANK YOU SO MUCH! 💖

SUPERVISOR SHOUTOUT! CHRISTINA

This month, we're celebrating Christina for her outstanding dedication and excellence! Her report writing is always thorough and professional, and her strong organizational skills help keep everything running seamlessly. Christina's strengths and leadership consistently contribute to remarkable client progress. She communicates clearly, meets every deadline, and sets a wonderful example of reliability and quality.

We truly appreciate you, Christina, and all that you do. Thank you for everything you bring to the team!



All About Extinction Bursts!

An **Extinction Burst** is a temporary, intense increase of a behavior that occurs when the reinforcement for that behavior is removed. Extinction bursts happens when a behavior that used to get attention or reinforcement suddenly stops working – so the child temporarily increases that behavior to try to get the old result back. It's a normal part of behavior change!

The increase in behavior doesn't mean the plan isn't working – it's often a sign that **it is** working. The child is testing whether the same behavior will still get the same response.

Extinction bursts usually don't last long if everyone stays consistent. Once the child realizes the behavior no longer works, the behavior will start to decrease.

Spontaneous Recovery is the reappearance or increase of a behavior that was already extinct. This can happen after the behavior has stopped for a while, but consistency will help it fade again.





NOVEMBER

BIRTHDAYS!

Kimberly

Mari

Dana

Janethe

Daisy

WISHING EVERYONE A
WONDERFUL, HAPPY
BIRTHDAY FILLED WITH
LOVE AND LAUGHTER - AND
AN AMAZING YEAR AHEAD!

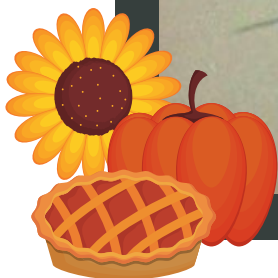


*Truly
Grateful
for you.*



JOKE OF THE MONTH!

POST-THANKSGIVING SESSION **PROMPTING LEVEL: MAXIMUM**



MONTHLY TIP!

Celebrate progress, not perfection!
Progress looks different for everyone –
whether it's a client mastering a goal,
or you making it through a challenging
week. Take pride in the steps forward,
no matter how small!

FUN IDEA FOR NOVEMBER!



Thankful Leaves Activity

Skills: Expressive language, social-emotional learning, fine motor

Have the child cut out or color paper leaves and share something they're thankful for on each one. Encourage full sentences like, "I'm thankful for my dog because he makes me happy." For early learners, use visuals or help them label aloud. Reinforce with praise or tokens for using complete sentences or thoughtful answers.

You can also proudly display the leaves during session!

THANK YOU SO MUCH!



THANK YOU FOR ALL OF YOUR HARD WORK!

